

GONADOTROPIN RELEASING HORMONE ANALOGUES CONJUGATES WITH STEROID HORMONES

This invention relates to conjugate compounds and in particular to gonadotropin-releasing hormone conjugate compounds.

5

Gonadotropin-releasing hormone (GnRH) is a neuroendocrine hormone involved in the control of reproduction, triggering the release of the gonadotropins, luteinizing hormone (LH) and follicle stimulating hormone (FSH).

10

GnRH analogues are extremely useful pharmacological agents, both in the investigation of the hypothalamic-pituitary axis and in the manipulation of gonadotropins for the treatment of hormone-dependent conditions. Most of the GnRH agonists and antagonists are peptide molecules consisting of about 9 or 10 amino acids, typically containing unnatural amino acids to modify receptor binding affinity, receptor activation, and to reduce proteolysis.

15

GnRH analogues have a range of clinical applications including treatment of hormone-dependent cancer, benign prostatic hypertrophy, endometriosis, uterine fibroids, premenstrual syndrome, polycystic ovarian syndrome, hirsutism, acne vulgaris, precocious puberty, acute intermittent porphyria, cryptorchidism, delayed puberty and fertility treatment (Millar 2003).

20

In addition, GnRH analogues can be effective contraceptive agents. GnRH antagonists act by inhibiting ovulation when administered at the time of the LH surge; however the timing of dose is crucial and a short delay (hours) is sufficient to abolish any effect^{2,4,6,7}. Alternatively corpus luteum function can be suppressed by GnRH antagonist treatment during the luteal phase⁵ to inhibit the progression of early pregnancy. GnRH agonists can also inhibit

30

gonadotropin release but by receptor desensitisation, which requires lower doses. In order to achieve inhibition of gonadotropin release, proportionally higher levels of antagonists compared with GnRH agonists are required due to the high receptor occupation required at the GnRH-receptor (GnRH-R).

5

Current female hormonal contraception employs supraphysiological doses of steroid hormone analogues to suppress gonadotrope secretion. Since peripheral tissues are exposed to the same levels, various side effects may result¹. The development of male hormonal contraception is based on the same principle in combination with androgen replacement and faces the problems of similar side effects. Thus GnRH antagonists have the potential to form the basis of male and female contraceptives combined with gonadal steroid hormone replacement^{1, 3, 7, 12, 18}.

10

One of the major problems associated with long-term GnRH analogue treatment is the reduction in gonadal sex steroid hormones. Hormone replacement therapy is therefore required to prevent side effects such as hypoestrogenic bone loss in women and to maintain secondary sex characteristics in men.

20

An additional difficulty associated with GnRH analogue treatment is the rapid degradation of orally administered GnRH analogues in the gastrointestinal tract. Furthermore, GnRH analogues have a relatively short half-life in the circulation as they are excreted via the kidney, often on the first pass ($t_{1/2}$ of 1-7 minutes). These difficulties led to the development of slow-release injectable depot preparations to maintain effective *in vivo* concentrations of the GnRH analogues.

25

Currently, GnRH peptide antagonists are administered by injection. Endeavours are underway to develop non-peptide antagonists and orally

30

active GnRH antagonists. The conjugation of GnRH analogues to haptens such as vitamin B₁₂, which is actively taken up into the gastrointestinal tract, offers the potential of conferring oral activity to peptide antagonists¹⁵. GnRH antagonists have previously been modified to include additional functional moieties. For example conjugation of GnRH to an emodin moiety²² or conjugation of vitamin B₁₂ to antide to potentially enhance oral uptake^{15,20,21} had been reported. Although oral administration of the vitamin B₁₂ conjugate had shown some increased uptake²¹, no increase in the half-life of these components was demonstrated.

Many hormones are bound to plasma proteins in the circulation. This is thought to serve a variety of functions, including protecting them from renal clearance and metabolic degradation, thus extending their circulatory half-life¹⁹.

There are two main circulatory steroid binding proteins in humans and most old world primates, cortisol binding globulin (CBG) which binds cortisol and progesterone, and sex hormone binding globulin (SHBG)⁸ which binds testosterone and oestradiol. Hystricomorph rodent species such as guinea pigs also have a progesterone binding globulin (PBG) which specifically binds to progesterone.

Steroid binding to high molecular weight plasma proteins prevents their renal and metabolic clearance, in addition to inhibiting their entry into cells to interact with nuclear receptors. Thus the effective concentration of steroids in the circulation is determined by the unbound fraction (about 2% in humans), in a state of equilibrium with the bound fraction^{16,19}.

We have now shown that conjugating a GnRH analogue to a hormone moiety, or to a hormone derivative, extends the plasma half-life and

improves the pharmacokinetics and pharmacodynamics of the GnRH analogue.

5. Without wishing to be bound by theory, we believe that the hormone or hormone derivative component of the conjugate compound binds to a plasma hormone binding protein which acts as a store for the GnRH analogue, and releases the GnRH analogue in a slow and continuous manner. Sequestration of the conjugate through binding to plasma proteins may "protect" the drug from excretion and from metabolism into inactive forms, thereby prolonging the half-life of the GnRH analogue.

15 We have shown that formation of a GnRH analogue-hormone conjugate extends its half-life and its duration of activity, reducing the dose of a GnRH analogue required for a biological effect. This also enables the conjugate to be administered a significant period before the antagonism is required, and to lower the frequency and amount of GnRH analogue administration, thus potentially reducing any side-effects of the treatment.

20 Furthermore, since the conjugate combines both a GnRH analogue and a functional steroid sex hormone in a single molecule, treatment with a GnRH analogue conjugated to a steroid sex hormone could reduce or alleviate the need for hormone replacement therapy.

25 A first aspect of the invention provides a compound comprising a GnRH analogue conjugated to a hormone moiety, or a derivative thereof, which is able to bind to a plasma hormone binding protein.

By GnRH we mean the decapeptide pGlu-His-Trp-Ser-Tyr-Gly-Leu-Arg-Pro-Gly-NH₂, in which the pGlu is pyroglutamate.

By "GnRH analogue" we include any molecule, whether a peptide or non-peptide molecule, that binds to the GnRH receptor. Binding of a molecule to the GnRH receptor can readily be determined by a person of skill in the art, for example using a receptor binding assay or whole cell binding assay
5 such as described below in Example 1.

Typically, a peptide GnRH analogue is a peptide having between 6-12 amino acid residues. More preferably, a peptide GnRH analogue has 7, 8, 9, 10 or 11 amino acid residues. Yet more preferably, a peptide
10 GnRH analogue has 9 or most commonly 10 amino acid residues.

Peptide GnRH analogues typically include at least one modified, ie non-naturally occurring, amino acid residue. GnRH agonists are generally produced by modifying the amino acids in positions 6 and 10 of the native
15 GnRH decapeptide structure, whereas alteration of positions 1, 2, 3, 5, 6, 8, and 10 generally results in antagonism (Thau 1984).

Millar (2003) discusses the structure of GnRH and its receptor, as well as GnRH analogues which may be suitable for use in the present invention.
20 The entire disclosure of Millar (2003) relating to GnRH and GnRH analogues is incorporated herein by reference.

In an embodiment, the GnRH analogue is a GnRH antagonist. GnRH antagonists are typically peptide molecules with a modified GnRH structure
25 which bind to and block GnRH receptor (GnRH-R) activation or signalling.

By "GnRH antagonist" we include the meaning of any GnRH analogue, whether peptide or non-peptide, which inhibits, reduces or prevents signalling of the GnRH receptor. Inhibition, reduction or prevention of
30 GnRH-R signalling can readily be determined by a person of skill in the art,

for example using an inositol phosphate production assay such as described below in Example 1.

5 Millar *et al* (2000) discuss GnRH antagonists which may be suitable for use in the present invention. The entire disclosure of Millar *et al* (2000) relating to GnRH antagonists is incorporated herein by reference.

10 When no amino acid is specified for a particular position, it indicates that the same amino acid residue as in naturally occurring GnRH is present at that position.

The following abbreviations for the non-naturally occurring amino acids are used: AcD-Nal - acyl D-naphthylalanine; D-Cpa - D-chlorophenylalanine; D-Pal - D-pyridylalanine; D-Lys - D-lysine; D-Ala - D-alanine; Ac- Δ Pro - acyl
15 delta-proline; D-Fpa - D-fluorophenylalanine; D-Trp - D-tryptophan; Lys(Nic) - lysine nicotinamide; and iPr-Lys - isopropyl lysine.

The most preferred GnRH antagonists are Cetrorelix (Asta Medica AG), Ganirelix (Organon), Abarelix (Praecis Pharmaceuticals), Antide (Ares
20 Serono SA), Teverelix (Ardana), FE200486 (Ferring) and Nal-Glu (NIH). The structure of these GnRH antagonists is shown in Figure 8.

Other suitable GnRH antagonists include A-75998, A-76154 and A-84861 (originated by Abbott Laboratories); D-26344 and D-63153 (originated by
25 ASTA Medica AG); ramorelix (originated by Aventis AG); degarelix (originated by Ferring Research Institute (UK)), NBI-42902 (originated by Neurocrine Biosciences Inc); Org-30850 (originated by Organon), detirelix (originated by Roche Bioscience); iturelix (originated by Serono SA); TAK-013 and TAK810 (originated by Takeda Chemical Industries Ltd); AN 207
30 (originated by Tulane University); the Pfizer GnRH antagonist; the Merck

GnRH antagonist; and the Weizmann GnRH antagonist. See also the following reviews: Goulet (1995) *Ann. Reports Med. Chem.* 30, 169-178; Nestor & Vickery (1988) *Ann. Reports Med. Chem.* 23, 211-220; and Dutta & Barrington (1985) *Ann. Reports Med. Chem.* 20, 203-214, all of which
5 are incorporated herein by reference.

Other suitable peptide GnRH antagonists include
AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Leu-Arg-Pro-D-Ala-NH₂;
Ac-ΔPro-D-Fpa-D-Trp-Ser-Tyr-D-Lys-Leu-Arg-Pro-Gly-NH₂;
10 AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Lys-Leu-Arg-D-Ala-NH₂;
D-Pal-Ser-Arg-D-Lys-Leu-Arg-Pro-D-Ala-NH₂;
AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Lys-Arg-Pro-D-Ala-NH₂;
[D-Pyr¹, D-Phe², D-Trp^{3,6}]GnRH (see Rahimipour *et al*);
D-Lys⁶Antide; Lys⁵Antide; and Lys⁸Antide.

15 Antide and its derivatives are described in Russel-Jones *et al* (1995) and WO 94/28015 (Biotech Australia Pty. Ltd). The entire disclosure of Russel-Jones *et al* and WO 94/28015 relating to GnRH antagonists, GnRH analogue conjugate compounds and their formation is hereby incorporated
20 herein by reference.

Non-peptide GnRH antagonists which may be suitable for use in the present invention are described in WO 95/28405; WO 96/24597; WO 97/41126; WO 99/33831; WO 00/00493; WO 00/56739 and WO 01/78780 (Takeda
25 Chemical Industries, Ltd) and WO 02/02533 (Yamanouchi Pharmaceutical Co., Ltd). The entire disclosure of these publications relating to GnRH antagonists, their formation, and use, is hereby incorporated herein by reference.

Further GnRH analogues, which may be useful in this invention, include those described in the following U.S. Patents Nos. 3,813,382; 3,843,065; 3,849,389; 3,855,199; 3,886,135; 3,890,437; 3,892,723; 3,896,104; 3,901,872; 3,914,412; 3,915,947, 3,929,759; 3,937,695; 3,953,416; 5 3,974,135; 4,010,125, 4,018,914, 4,022,759; 4,022,760; 4,022,761; 4,024,248; 4,034,082; 4,072,668; 4,075,189; 4,075,192; 4,086,219; 4,101,538; 4,124,577; 4,124,578, 4,143,133; 4,234,571, 4,253,997; 4,292,313; and 4,341,767. The entire disclosure of these US Patents relating to GnRH analogues, their formation, and use, is hereby
10 incorporated herein by reference.

Yet further GnRH analogues which may useful in this invention include those described in the following US Patents Nos. 4,504,414; 4,677,193; 4,705,778; 5,064,939; 5,371,070 5,413,990; 5,502,035; 5,633,248; 15 5,756,497; 6,156,731 and 6,191,115; in EP 0 081 877 and EP 0 192 492; in the following published PCT applications WO 93/03058, WO 95/04541, WO 95/28405, WO 97/44321, WO 97/44339, WO 97/44041, WO98/03632, WO 98/55505, WO 99/21557, WO 99/41251, WO 99/41252, WO 99/46283 and WO 00/53178; and in GB 2 310 660. The entire disclosure of these
20 publications relating to GnRH analogues, including both antagonists and agonists, their formation, and use, is hereby incorporated herein by reference.

In an embodiment, the GnRH analogue is a GnRH agonist.

By "GnRH agonist" we include the meaning of any GnRH analogue, whether peptide or non-peptide, which stimulates or activates signalling of the GnRH receptor. Stimulation or activation of GnRH receptor signalling can readily be determined by a person of skill in the art, for example using
30 an inositol phosphate production assay such as described in Example 1.

Incorporation of D isoform amino acids, particularly in position 6, increases the agonistic potency of GnRH analogues. Rahimpour *et al* (2001) report that over 3,000 GnRH analogues have been synthesised and evaluated for bioactivity. Most of the superagonists incorporate a D-amino acid in place of Gly in position 6, and many have an *N*-ethyl amide instead of the terminal Gly-NH₂. These chemical modifications are reported to enhance the bioactive β -turn conformation of GnRH at the Gly-Leu bond and decrease the susceptibility of the peptide to proteolytic degeneration. Thus suitable GnRH agonists for use in the invention include GnRH analogues with either or both of these modifications.

In an embodiment, at least one of the amino acid residues of the GnRH analogue is D-lysine. Typically, the D-lysine is at position 6 of the analogue, that is the GnRH analogue is a [D-Lys⁶]GnRH.

The most preferred GnRH agonists are Lupron (TAP), Zoladex (Zeneca), Supprelin (Roberts), Synarel (Searle), Triptorelin (Ferring) and Buserelin (Hoechst), each of which has a non-naturally occurring residue at position 6. The structure of these GnRH agonists is shown in Figure 8.

Other suitable GnRH agonists include deslorelin (Balance Pharmaceuticals), ProMaxx-100 (Epic Therapeutics), avorelin (Mediolanum Farmaceutici SpA), histrelin (Ortho Pharmaceuticals), and nafarelin (Roche Bioscience).

Peptide GnRH analogues may be made by any of the methods known to a person of skill in the art. For example, peptides may be synthesised by the Fmoc-polyamide mode of solid-phase peptide synthesis as disclosed by Lu *et al* (1981) *J. Org. Chem.* 46, 3433 and references therein. Temporary N-amino group protection is afforded by the 9-fluorenylmethyloxycarbonyl (Fmoc)

group. Repetitive cleavage of this highly base-labile protecting group is effected using 20% piperidine in N,N-dimethylformamide. Side-chain functionalities may be protected as their butyl ethers (in the case of serine threonine and tyrosine), butyl esters (in the case of glutamic acid and aspartic acid), butyloxycarbonyl derivative (in the case of lysine and histidine), trityl derivative (in the case of cysteine) and 4-methoxy-2,3,6-trimethylbenzenesulfonyl derivative (in the case of arginine). Where glutamine or asparagine are C-terminal residues, use is made of the 4,4'-dimethoxybenzhydryl group for protection of the side chain amido functionalities. The solid-phase support is based on a polydimethylacrylamide polymer constituted from the three monomers dimethylacrylamide (backbone-monomer), bisacryloylethylene diamine (cross linker) and acryoylsarcosine methyl ester (functionalising agent). The peptide-to-resin cleavable linked agent used is the acid-labile 4-hydroxymethyl-phenoxyacetic acid derivative. All amino acid derivatives are added as their preformed symmetrical anhydride derivatives with the exception of asparagine and glutamine, which are added using a reversed N,N-dicyclohexylcarbodiimide/1-hydroxybenzotriazole mediated coupling procedure. All coupling and deprotection reactions are monitored using ninhydrin, trinitrobenzene sulfonic acid or isotin test procedures. Upon completion of synthesis, peptides are cleaved from the resin support with concomitant removal of side-chain protecting groups by treatment with 95% trifluoroacetic acid containing a 50% scavenger mix. Scavengers commonly used are ethanedithiol, phenol, anisole and water, the exact choice depending on the constituent amino acids of the peptide being synthesised. Trifluoroacetic acid is removed by evaporation *in vacuo*, with subsequent trituration with diethyl ether affording the crude peptide. Any scavengers present are removed by a simple extraction procedure which on lyophilisation of the aqueous phase affords the crude peptide free of scavengers. Reagents for peptide synthesis are generally available from Calbiochem-Novabiochem (UK) Ltd,

Nottingham NG7 2QJ, UK. Purification may be effected by any one, or a combination of, techniques such as size exclusion chromatography, ion-exchange chromatography and (principally) reverse-phase high performance liquid chromatography. Analysis of peptides may be carried out using thin
5 layer chromatography, reverse-phase high performance liquid chromatography, amino-acid analysis after acid hydrolysis and by fast atom bombardment (FAB) mass spectrometric analysis.

Alternatively, peptide GnRH analogues may be obtained by standard
10 molecular biology techniques, provided that they can be encoded in a DNA molecule.

Peptide and non-peptide GnRH analogues suitable for use in the present invention are those which possess a suitable atom or functional group for
15 conjugation to a hormone moiety or derivative thereof.

Suitable functional groups present on naturally occurring amino acid residues include the sulfhydryl group on a Cys residue, the hydroxyl group on Ser, Thr or Tyr residues, the ϵ -amino group on Lys residues, the
20 carboxyl groups on Asp and Glu residues, the guanidino group on Arg residues, the amide groups on Asn and Gln residues, the imidazole NH group of His residues, the indole NH group of Trp residues, the C-terminal carboxyl group and the N-terminal amino group. The same functional groups are present on the D-isomers of these amino acids residues.

25 Modified amino acids may also have suitable functional groups for conjugation to a hormone moiety. These include the hydroxyl group on hydroxyproline residues, the phosphate group on *O*-phosphoserine or *O*-phosphotyrosine residues, both the carboxyl groups on γ -carboxyglutamate

residues, the ϵ -alkyl amino group on iPr-Lys residues and groups of citrulline and homocitrulline.

Further, the pyridyl N-atom of pyridylalanine residues and the secondary
5 and tertiary guanidino N-atoms of N-alkylated Arg residues are suitable functional groups for conjugation to a hormone moiety by way of N-quaternisation. Again, the D- and L-isoforms may be present in the GnRH analogue.

10 Suitable functional groups for conjugation to the hormone moiety which are present on non-peptide GnRH analogues include keto, NH (as part of an amino, amido or ureidyl functionality), hydroxyl, sulfhydryl, carboxylic acid and tertiary amino groups.

15 Typically, the hormone moiety or derivative thereof which is conjugated to the GnRH analogue is one that binds to a plasma hormone binding protein *in vivo*.

Typically, the hormone binding protein is a globulin.

20 In an embodiment, the hormone moiety or derivative binds to a specific plasma hormone binding protein such as cortisol binding globulin (CBG), sex hormone binding globulin (SHBG), and, in some species, progesterone binding globulin (PBG). Typically, the hormone moiety or derivative
25 thereof also binds to serum albumin (HSA). For the avoidance of doubt, in the context of the invention, HSA is a plasma hormone binding protein.

By "derivative" of a hormone moiety we include the meaning that the derivative has been modified from the structure of the hormone moiety
30 found in nature. It may have been modified, for example, to provide a new

or improved site of conjugation to the GnRH analogue, or to improve its stability, or its activity. However, the hormone derivative, as defined herein, will not have completely lost its ability to bind to a plasma hormone binding protein. It will be appreciated that the derivative may or may not
5 itself have hormonal activity.

In a preferred embodiment, the hormone moiety is a steroid hormone moiety.

10 Steroid hormone moieties and derivatives thereof suitable for use in the present invention are those which possess a suitable atom or functional group for conjugation to a GnRH analogue.

Typically, steroid hormones have either a hydroxyl group or a keto group at
15 the 3 position. Many of the steroid hormones have either a hydroxyl group or a keto group at the 17 position. A number of the steroid hormones have a hydroxyl group at the 11 position. Some of the steroid hormones have a hydroxyl group at the 21 position.

20 Preferably, the steroid hormone moiety is estradiol, progesterone, cortisol, corticosterone, estrone, testosterone and dihydroxytestosterone (DHT).

Steroid hormone derivatives include those which have been modified by adding a hydroxyl group at position 11, 17 or 21. Suitable progesterone
25 derivatives include 11 α -hydroxyprogesterones and 21-hydroxyprogesterones.

It will be appreciated that derivatives of steroid hormones which are steroids but which no longer have hormonal activity may be used provided
30 that they bind to a plasma hormone binding protein.

The functional groups required for steroid hormones to bind to a plasma hormone binding protein are known to a person of skill in the art. For example, structural investigations using substituted steroids have demonstrated that in order to interact with SHBG, a steroid must contain a 17 β -hydroxyl group (Burton & Westphal (1972) and Cunningham *et al* (1981)). Several other features, such as the addition of a hydroxyl or a keto group at C11 have negative affects on binding affinity. Modification of carbon 2, 6, 9 and 11 in the steroid nucleus also reduced binding affinity (Cunningham *et al* (1981)).

For steroid binding to human CBG, the 20-oxo and 10 β -methyl groups have been reported as being essential, and the 3-oxo and 4-ene are also important. Although the 11 β , 17 α -, and 21-hydroxy groups are relatively unimportant, hydroxyl groups impair binding at positions 11 α , 6 α , 6 β , 12 α , 14 α , 16 α and 19 (Mickelson *et al* 1981).

It is thus well within the ability of a person of skill in the art to conjugate a hormone moiety or derivative thereof to a GnRH analogue at a particular functional group so as to retain the ability of the hormone moiety to bind to a plasma hormone binding protein.

It is preferred if the linkers do not sterically hinder the interaction of the hormone with the plasma hormone binding protein or the GnRH analogue with a GnRH receptor. It is preferred if bulky and/or hydrophilic groups are not present in the linker proximal to the hormone moiety or GnRH analogue.

In some preferred embodiments of the present invention, the hormone moiety or derivative thereof retains its steroid activity, in whole or in part,

when conjugated to the GnRH analogue. Alternatively, in other embodiments, it is preferred if the hormone moiety or derivative thereof does not retain any steroid activity when conjugated to the GnRH analogue.

5 In those embodiments in which hormone activity is desired, the functional group used for conjugation to the GnRH analogue is typically not one required for activity of that particular hormone or hormone derivative. Conversely, when hormone activity is not desired, the functional group used for conjugation to the GnRH analogue is typically one which is required for
10 activity of that particular hormone or derivative thereof.

The functional groups required for the activity of the steroid hormones are known to a person of skill in the art (for example, steroid hormone-receptor structural relations are described for estrogens, glucocorticoids, mineralocorticoids, androgens, and metabolic analogues and antagonists in
15 Duax *et al* (1989) *Advances in Drug Research* 18, 115-138; Aranyi (1982) *Hung. Biologia* (Budapest) 30, 145-169; Raynaud & Ojasoo (1983) *Nobel Symposium* 57, 141-170; Duax & Griffin (1989) *Alfred Benzon Symposium* 28, 62-77; Ojasoo *et al* (1992) *Mol. Struct. Biol. Act. Steroids*, pp 157-207, CRC, Boca Raton; and Duax & Griffin (1998) *NATO ASI series E: Applied Sciences* 352, 1-14, all of which are incorporated herein by reference. It is thus well within the ability of a person of skill in the art to conjugate a hormone moiety or derivative thereof to a GnRH analogue at a particular functional group so as to retain or eliminate activity of the hormone.
25

For example, as shown in Example 1, conjugation of a GnRH analogue to the 21 position of 21-hydroxyprogesterone maintains the progesterone activity in the conjugate compound. Conversely, if steroid hormone activity was to be eliminated, the GnRH could be conjugated to the keto group at
30 the 3 position.

By the term "conjugated to" we include the meaning that a covalent bond is formed between an atom in the GnRH analogue and an atom in the hormone moiety, or that the GnRH analogue and the hormone moiety are both covalently bonded to the same linking group.

In a preferred embodiment, the conjugation between the GnRH analogue and the hormone moiety is cleavable, for example the conjugation includes an ester-linkage which is cleavable by an esterase, or an amide linkage which is cleavable by an amidase.

In an embodiment, the GnRH analogue and the hormone moiety are directly conjugated. Typically in this case an amino acid would be synthesised with the hormone moiety already attached, and this modified amino acid would be incorporated into a peptide GnRH analogue. For example, direct conjugation may arise through imine formation between the keto group on the hormone and the ϵ -amino group on Lys. The resulting imine may be hydrolytically unstable *in vivo*, thus giving rise to a conjugate having a short half-life. The half-life may be increased by reducing the imine to give an amine. Alternatively, direct conjugation may arise through Michael addition of the ϵ -amino group on Lys to an α,β -unsaturated ketone functionality in the hormone moiety (eg progesterone), or through reaction of a hormone moiety in which an OH group has been converted to a leaving group (eg a halide or a sulfonate ester) with a suitable nucleophilic group on a residue of the GnRH analogue (eg the ϵ -amino group on Lys or the β -OH group on Ser).

By "linking group" we mean a structure formed by one or more atoms that are not endogenous to either the GnRH analogue or the hormone moiety.

The linking group comprises one or more atoms, with the shortest route between the GnRH analogue and the hormone moiety or derivative thereof typically comprising 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or more bonds.

- 5 The linking group may comprise a structure based upon one or more carbon atoms, optionally together with other atoms such as oxygen, nitrogen and/or sulfur, and the shortest route between the GnRH analogue and the hormone moiety or derivative thereof typically comprises 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or more carbon atoms, optionally with at least one oxygen,
10 nitrogen and/or sulfur atom.

Typically, the linking group is introduced by reacting a difunctional precursor linking moiety with the GnRH analogue and the hormone moiety, either simultaneously or in any sequential order. Alternatively, the linking
15 group is formed by coupling together functional groups on structural fragments introduced by derivatisation of the GnRH analogue and/or hormone moiety.

Suitable linking groups include those represented by the formula $-A^1-D-A^2-$,
20 wherein D represents, for example

- (a) alkylene, alkenylene or alkynylene (which latter three groups are optionally interrupted or terminated by NH, O or S, a carbocycle or a heterocycle and/or are optionally interrupted by -S-S-),
(b) a carbocycle, or
25 (c) a heterocycle,

or D represents the structural fragment $-D^1-A^3-D^2-$, wherein D^1 and D^2 independently represent D as defined at (a) to (c) above; and

A¹, A² and A³ independently represent, for example, a direct bond, -C(O)-, -C(S)-, -S(O)-, -S(O)₂- or -P(O)₂-, provided that A³ does not represent a direct bond when D¹ and D² are both independently terminated by O or NH at the point of connection to A³. It will be clear that the A¹ and A² groups are linked to atoms endogenous to the GnRH analogue or hormone moiety, *e.g.* the N atom of a Lys residue in the GnRH analogue and the O atom of a hydroxyl group in the hormone moiety.

The linking group may be attached in either orientation to the GnRH analogue and the hormone moiety (i.e. the group A¹ of the linking group may be attached either to an atom of the GnRH analogue or an atom of the hormone moiety).

Alkylene, alkenylene or alkynylene groups as defined herein may contain between one and twelve (e.g. between one and eight, such as between one and six) C-atoms, and may be straight-chain or, when there is a sufficient number (i.e. a minimum of two for alkylene and alkenylene, and four for alkynylene) of carbon atoms, be branched-chain.

When used herein, the term “*carbocycle*” includes groups that are cyclic structures having a carbon skeleton and that comprise one or more rings of three or more members, for example 3- to 8-membered monocyclic ring systems, 7- to 12-membered bicyclic ring systems and 12- to 18-membered polycyclic (e.g. tri- or tetra-cyclic) ring systems. Further, each carbocycle may be fully saturated, part unsaturated or fully or partially aromatic in character. Examples of fully saturated carbocycles include cyclopentyl, cyclohexyl and *cis*- and *trans*-decalinyl and the like. Examples of part unsaturated carbocycles include cyclohexenyl and the like. Examples of partially aromatic carbocycles include indenyl and 1,2,3,4-

tetrahydronaphthyl and the like. Examples of fully aromatic carbocycles include phenyl, naphthyl and the like.

When used herein, the term "*heterocycle*" includes groups that are a carbocyclic group, as defined above, in which one or more (e.g. one to three) of the ring C-atoms have been replaced by a corresponding number of heteroatoms, each heteroatom being independently selected from O, S and N (or, where relevant, NH). Examples of heterocyclic groups include azetidiny, benzodioxany, benzodioxepany, benzodioxoly, benzofurany, benzofurazany, benzimidazoly, benzomorpholinyl, benzothiazoly, benzothiophenyl, benzoxazoly, chromany, cinnolinyl, coumarinyl, dioxany, furany, hydantoinyl, imidazoly, imidazo[1,2-*a*]pyridinyl, indoly, isoquinolinyl, isoxazoly, maleimido, morpholinyl, oxazoly, phthalazinyl, piperazinyl, piperidinyl, purinyl, pyranyl, pyrazinyl, pyrazoly, pyridinyl, pyrimidinyl, pyrrolidinonyl, pyrrolidinyl, pyrrolinyl, pyrroly, quinazolinyl, quinolinyl, 3-sulfolenyl, tetrahydropyranyl, tetrahydrofurany, thiazoly, thienyl, thiochromany, triazoly and the like

Embodiments of the invention that may be mentioned include those in which the linking group is represented by the formula $-A^1-D-A^2-$ in which:
D represents C_{1-6} alkylene, C_{2-6} alkenylene or $-D^1-A^3-D^2-$;
 D^1 represents C_{2-6} alkylene optionally interrupted by $-S-S-$;
 D^2 represents C_{2-8} alkylene;
 A^1 and A^2 both represent $C(O)$;
 A^3 represents $C(O)NH$.

Particular linking groups that may be mentioned include $C(O)-(CH_2)_2-C(O)$ (succinyl) and $C(O)-(CH_2)_2-S-S-(CH_2)_2-C(O)NH-(CH_2)_6-NHC(O)$.

Embodiments of the invention that may be mentioned include those in which the linking group connects an ϵ -amino group from a Lys residue in a peptidic GnRH analogue to a hydroxyl group on a hormone moiety.

5 Suitable methods and chemistry for conjugating a GnRH analogue to a hormone moiety or derivative thereof are known to those skilled in the art and include the method described in Example 1. Methods of conjugating a GnRH analogue to other chemical structures via a linker are described in
10 Rahimipour *et al* (2001) and in Russell Jones *et al* (1995). Methods for making vitamin B₁₂ conjugates, which have application in forming the conjugates of the present invention, are described in McEwan *et al* (1999). The entire disclosure of these three documents related to the formation of chemical conjugates is hereby incorporated herein by reference.

15 The GnRH analogue may be conjugated to a hormone moiety or derivative thereof by any of the conventional ways of cross-linking molecules, such as those generally described in O'Sullivan *et al Anal. Biochem.* (1979) 100, 100-108. For example, one portion may be enriched with a thiol group and the other portion reacted with a bifunctional agent capable of reacting with the
20 thiol group, for example the N-hydroxysuccinimide ester of iodoacetic acid (NHIA) or N-hydroxysuccinimidyl-3-(2-pyridyldithio)propionate (SPDP), a heterobifunctional cross-linking agent which incorporates a disulfide bridge between the conjugated species. Amide and thioether bonds, for example achieved with m-maleimidobenzoyl-N-hydroxysuccinimide ester, are
25 generally more stable *in vivo* than disulfide bonds.

Further useful cross-linking agents include S-acetylthioglycolic acid N-hydroxysuccinimide ester (SATA) which is a reagent used for introducing a protected thiol functionality into compounds containing primary amino
30 groups. Deprotection of the acetylated thiol group is achieved under mild

conditions (Julian *et al* (1983) *Anal. Biochem.* 132, 68), ie by reaction with dimethylsuberimide dihydrochloride and N,N'-o-phenylenedimaleimide.

5 In another embodiment, the GnRH analogue is conjugated to the hormone moiety via the N-terminal amine group.

Advantageously, the compound as described herein is less affected by metabolic or renal clearance *in vivo* than native GnRH, ie it has a longer half-life *in vivo*. This can readily be determined by a person of skill in the art, for example as described below in Example 1.

Preferably, the compound as described herein has a longer duration of activity than native GnRH *in vivo*. This can also readily be determined by a person of skill in the art, for example as described below in Example 1.

15 In a preferred embodiment, the compounds may have the general formula as shown in Figure 1A or Figure 1B.

The invention includes the compounds:

20 AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Leu-Arg-Pro-D-Ala-NH₂ conjugated to 21-hydroxyprogesterone 21-succinate at the ϵ amine of D-Lys at position 6;

Ac- Δ Pro-D-Fpa-D-Trp-Ser-Tyr-D-Lys-Leu-Arg-Pro-Gly-NH₂ conjugated to 21-hydroxyprogesterone 21-succinate at the ϵ amine of D-Lys at position 6;

25 AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Lys-Leu-Arg-D-Ala-NH₂ conjugated to 21-hydroxyprogesterone 21-succinate at the ϵ amine of Lys at position 7;
D-Pal-Ser-Arg-D-Lys-Leu-Arg-Pro-D-Ala-NH₂ conjugated to 21-hydroxyprogesterone 21-succinate at the N-terminal amine;

30 AcD-Nal-D-Cpa-D-Pal-Ser-Arg-D-Lys-Lys-Arg-Pro-D-Ala-NH₂ conjugated to 21-hydroxyprogesterone 21-succinate at the ϵ amine of Lys at position 7;

[DLys⁶]GnRH conjugated to 11 α -hydroxyprogesterone 11-succinate at the ϵ amine group of the D-Lys at position 6;

[DLys⁶]GnRH conjugated to 21-hydroxyprogesterone 21-succinate at the ϵ amine group of the D-Lys at position 6; and

5 [DLys⁶]GnRH conjugated to β -oestradiol 17-succinate at the ϵ amine group of the D-Lys at position 6.

10 In an additional embodiment, the compound comprises a GnRH analogue conjugated to a hormone moiety or derivative thereof that is bound to a plasma hormone binding protein. The binding protein can be a hormone-specific binding protein such as CBG or SHBG, or can be HSA.

15 Compounds according to this embodiment are advantageous because they benefit from the protective effect of the binding protein immediately upon administration, reducing excretion of the GnRH analogue via the kidney on the first pass, thus further extending the half life and activity of the GnRH analogue.

20 A second aspect of the invention provides a pharmaceutical composition comprising a compound according to the first aspect of the invention and a pharmaceutically acceptable excipient, carrier or diluent.

25 In an embodiment, the pharmaceutical composition is suitable for oral administration.

30 The compounds of the invention will normally be administered orally or by any parenteral route, in the form of a pharmaceutical formulation comprising the active ingredient, optionally in the form of a non-toxic organic, or inorganic, acid, or base, addition salt, in a pharmaceutically acceptable dosage form. Depending upon the disorder and patient to be

treated, as well as the route of administration, the compositions may be administered at varying doses.

5 In human therapy, the compounds of the invention can be administered alone but will generally be administered in admixture with a suitable pharmaceutical excipient, diluent or carrier selected with regard to the intended route of administration and standard pharmaceutical practice.

10 For example, the compounds of the invention can be administered orally, buccally or sublingually in the form of tablets, capsules, ovules, elixirs, solutions or suspensions, which may contain flavouring or colouring agents, for immediate-, delayed- or controlled-release applications. The compounds of invention may also be administered *via* intracavernosal injection.

15 Such tablets may contain excipients such as microcrystalline cellulose, lactose, sodium citrate, calcium carbonate, dibasic calcium phosphate and glycine, disintegrants such as starch (preferably corn, potato or tapioca starch), sodium starch glycollate, croscarmellose sodium and certain
20 complex silicates, and granulation binders such as polyvinylpyrrolidone, hydroxypropylmethylcellulose (HPMC), hydroxy-propylcellulose (HPC), sucrose, gelatin and acacia. Additionally, lubricating agents such as magnesium stearate, stearic acid, glyceryl behenate and talc may be included.

25 Solid compositions of a similar type may also be employed as fillers in gelatin capsules. Preferred excipients in this regard include lactose, starch, a cellulose, milk sugar or high molecular weight polyethylene glycols. For aqueous suspensions and/or elixirs, the compounds of the invention may be
30 combined with various sweetening or flavouring agents, colouring matter or

dyes, with emulsifying and/or suspending agents and with diluents such as water, ethanol, propylene glycol and glycerin, and combinations thereof.

5 The compounds of the invention can also be administered parenterally, for example, intravenously, intra-arterially, intraperitoneally, intrathecally, intraventricularly, intrasternally, intracranially, intra-muscularly or subcutaneously, or they may be administered by infusion techniques. They are best used in the form of a sterile aqueous solution which may contain other substances, for example, enough salts or glucose to make the solution
10 isotonic with blood. The aqueous solutions should be suitably buffered (preferably to a pH of from 3 to 9), if necessary. The preparation of suitable parenteral formulations under sterile conditions is readily accomplished by standard pharmaceutical techniques well-known to those skilled in the art.

15 In an embodiment, the pharmaceutical composition or formulation is a unit dosage containing a daily dose or unit, daily sub-dose or an appropriate fraction thereof, of the active ingredient, ie a compound as described above in the first aspect of the invention.

20 In another embodiment, the pharmaceutical composition or formulation is a slow-release formulation, such as an injectable depot.

Formulations suitable for parenteral administration include aqueous and non-aqueous sterile injection solutions which may contain anti-oxidants, buffers,
25 bacteriostats and solutes which render the formulation isotonic with the blood of the intended recipient; and aqueous and non-aqueous sterile suspensions which may include suspending agents and thickening agents. The formulations may be presented in unit-dose or multi-dose containers, for example sealed ampoules and vials, and may be stored in a freeze-dried
30 (lyophilised) condition requiring only the addition of the sterile liquid carrier,

for example water for injections, immediately prior to use. Extemporaneous injection solutions and suspensions may be prepared from sterile powders, granules and tablets of the kind previously described.

5 At present, GnRH agonists are typically administered to a patient at about 100 µg per day, while GnRH antagonists are typically administered to a patient at about 1 mg per day. For oral and parenteral administration to human patients, the daily dosage level of the compounds of the invention will usually contain equivalent or lower levels of GnRH analogue,
10 administered in single or divided doses.

Thus, for example, the tablets or capsules of the compound of the invention may contain from 50 µg to 1 mg of active compound for administration singly or two or more at a time, as appropriate. The physician in any event
15 will determine the actual dosage which will be most suitable for any individual patient and it will vary with the age, weight and response of the particular patient. The above dosages are exemplary of the average case. There can, of course, be individual instances where higher or lower dosage ranges are merited and such are within the scope of this invention.

20 The compounds of the invention can also be administered intranasally or by inhalation and are conveniently delivered in the form of a dry powder inhaler or an aerosol spray presentation from a pressurised container, pump, spray or nebuliser with the use of a suitable propellant, *e.g.*
25 dichlorodifluoromethane, trichlorofluoromethane, dichlorotetrafluoroethane, a hydrofluoroalkane such as 1,1,1,2-tetrafluoroethane (HFA 134A™ or 1,1,1,2,3,3,3-heptafluoropropane (HFA 227EA™), carbon dioxide or other suitable gas. In the case of a pressurised aerosol, the dosage unit may be determined by providing a valve to deliver a metered amount. The
30 pressurised container, pump, spray or nebuliser may contain a solution or

suspension of the active compound, *e.g.* using a mixture of ethanol and the propellant as the solvent, which may additionally contain a lubricant, *e.g.* sorbitan trioleate. Capsules and cartridges (made, for example, from gelatin) for use in an inhaler or insufflator may be formulated to contain a powder mix of a compound of the invention and a suitable powder base such as lactose or starch.

Aerosol or dry powder formulations are preferably arranged so that each metered dose or "puff" contains at least 1 mg of a compound of the invention for delivery to the patient. It will be appreciated that the overall daily dose with an aerosol will vary from patient to patient, and may be administered in a single dose or, more usually, in divided doses throughout the day.

Alternatively, the compounds of the invention can be administered in the form of a suppository or pessary, or they may be applied topically in the form of a lotion, solution, cream, ointment or dusting powder. The compounds of the invention may also be transdermally administered, for example, by the use of a skin patch.

For application topically to the skin, the compounds of the invention can be formulated as a suitable ointment containing the active compound suspended or dissolved in, for example, a mixture with one or more of the following: mineral oil, liquid petrolatum, white petrolatum, propylene glycol, polyoxyethylene polyoxypropylene compound, emulsifying wax and water. Alternatively, they can be formulated as a suitable lotion or cream, suspended or dissolved in, for example, a mixture of one or more of the following: mineral oil, sorbitan monostearate, a polyethylene glycol, liquid paraffin, polysorbate 60, cetyl esters wax, cetearyl alcohol, 2-octyldodecanol, benzyl alcohol and water.

Formulations suitable for topical administration in the mouth include lozenges comprising the active ingredient in a flavoured basis, usually sucrose and acacia or tragacanth; pastilles comprising the active ingredient in an inert basis
5 such as gelatin and glycerin, or sucrose and acacia; and mouth-washes comprising the active ingredient in a suitable liquid carrier.

Generally, in humans, oral or topical administration of the compounds of the invention is the preferred route, being the most convenient. In
10 circumstances where the recipient suffers from a swallowing disorder or from impairment of drug absorption after oral administration, the drug may be administered parenterally, *e.g.* sublingually or buccally.

For veterinary use, a compound of the invention is administered as a
15 suitably acceptable formulation in accordance with normal veterinary practice and the veterinary surgeon will determine the dosing regimen and route of administration which will be most appropriate for a particular animal. Conveniently, the formulation is a pharmaceutical formulation. Advantageously, for veterinary use, the formulation is a veterinary
20 formulation.

A third aspect of the invention provides a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, for use in medicine.
25

Thus the compound or pharmaceutical composition is packaged and presented for use in medicine.

A fourth aspect of the invention provides a method of reducing the fertility
30 of an individual comprising administering a compound according to the first

aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, to the individual.

5 It is appreciated that both GnRH agonist and GnRH antagonist conjugates can be used for reducing fertility in an individual by inhibiting the release of gonadotropin.

10 A fifth aspect of the invention provides the use of a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, in the preparation of a medicament for reducing the fertility of an individual.

15 Typically and preferably the individual to be treated is a human. However, the methods of the invention may be used to treat mammals, for example from the following species: cows, horses, pigs, sheep, cats and dogs, as well as other primates, old-world monkeys and new-world monkeys. Thus, the methods have uses in both human and veterinary medicine. In particular, in its veterinary applications, the conjugate may be used to create a state of castration in livestock, horses and domestic animals.

20 By "reducing fertility" in females, we include the meaning of reducing the likelihood of conception or a successful pregnancy, or of preventing conception or successful pregnancy. Thus the invention includes a method of female contraception.

25 By "reducing fertility" in males, we include the meaning of reducing testosterone levels to castrate levels. Thus the invention includes a method of male contraception.

The methods of contraception described herein are reversible by cessation of administration of the compound, pharmaceutical composition or medicament.

5 A sixth aspect of the invention provides a method of combating a hormone-dependent disease or condition comprising administering a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, to an individual in need thereof.

10

By "combating" a disease or condition we include the meaning of alleviating symptoms of the condition (ie palliative use), or treating the disease or condition, or preventing the disease or condition (ie prophylactic use).

15

A seventh aspect of the invention provides the use of a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, in the preparation of a medicament for combating a hormone-dependent disease or condition in an individual in need thereof.

20

Hormone-dependent diseases or conditions suitable to be combated by the methods, uses, compounds and pharmaceutical composition of the invention include hormone-dependent cancer, benign prostatic hypertrophy, endometriosis, uterine fibroids, premenstrual syndrome, polycystic ovarian syndrome, hirsutism, acne vulgaris, precocious puberty, acute intermittent porphyria, cryptorchidism and delayed puberty.

25

Hormone-dependent cancers suitable for treatment by the invention express GnRH receptors, and include breast cancer, prostate cancer, uterine cancer, endometrial cancer, ovarian cancer and testicular cancer.

5 An eighth aspect of the invention provides a method of combating infertility comprising administering a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, to an individual in need thereof.

10 A ninth aspect of the invention provides the use of a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, in the preparation of a medicament for combating infertility in an individual in need thereof.

15 The compounds of the invention can be used to combat infertility by inhibition of endogenous gonadotropin together with controlled administration of exogenous gonadotropin, especially in induction of ovulation in assisted reproduction techniques.

20 Thus the compounds of the invention have utility in *in vitro* fertilisation (IVF) techniques.

25 An tenth aspect of the invention provides a method of modulating the production of gonadotrophins or sex hormones *in vivo* comprising administering a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, to an individual.

By "modulating" we include increasing, reducing or inhibiting.

An eleventh aspect of the invention provides the use of a compound according to the first aspect of the invention or a pharmaceutical composition according to the second aspect of the invention, in the preparation of a medicament for modulating the production of gonadotrophins or sex hormones *in vivo*.

For example, in fertility treatment, the compounds of the invention can be used to inhibit completely endogenous hormone production, which is then replaced as desired either as part of the conjugate, or separately. The type, amount, frequency and duration of hormone replacement for use in fertility treatment is well known to a person of skill in this field, and in any event would be determined by a physician.

The conjugated compounds of the invention can also be used *in vitro*, or less likely *in vivo*, for differentiation or dedifferentiation of cells which express GnRH receptors, such as stem cells, and immune cells such as lymphocytes.

A twelfth aspect of the invention provides a method of modifying a GnRH analogue so that it has an increased *in vivo* half-life compared to GnRH, the method comprising conjugating the GnRH analogue to a hormone moiety, or a derivative thereof, which is able to bind to a plasma hormone binding protein.

A thirteenth aspect of the invention provides a method of modifying a GnRH analogue so that it has an increased duration of activity *in vivo* compared to GnRH, the method comprising conjugating the GnRH analogue to a hormone moiety, or a derivative thereof, which is able to bind to a plasma hormone binding protein.

Preferably, the GnRH analogue and the hormone moiety or derivative thereof, are conjugated via a linking group.

5 In an embodiment of the thirteenth and fourteenth aspects of the invention, the method includes binding the GnRH analogue which has been conjugated to a hormone moiety, or a derivative thereof, to a plasma hormone binding protein. Typically, this binding is performed by contacting the GnRH analogue which has been conjugated to a hormone moiety, or a derivative thereof, with the plasma hormone binding protein in solution.

10

Preferences for the GnRH analogue, the hormone moiety or derivative thereof, linking group, and methods for performing the conjugation, are as described herein in Example 1 and above with respect to the first aspect of the invention.

15

In an embodiment, the method of the thirteenth and fourteenth aspects of the invention also includes the step of determining the *in vivo* half-life or duration of activity of the conjugated GnRH analogue. Typically, the method further comprises the step of comparing the determined *in vivo* half-life or duration of activity of the conjugated GnRH analogue with the *in vivo* half-life or duration of activity of GnRH.

20

Optionally, the method also includes the step of determining the *in vivo* half-life or duration of activity of GnRH. Alternatively, a previously determined value could be used.

25

The invention will now be described in more detail by reference to the following Figures and Examples.

Figure 1A shows the structure of certain GnRH antagonist-steroid conjugates. Conjugates were produced by condensation of the side chain amine of D-Lysine in position six of the peptide, with the carboxyl of the 21-hydroxyprogesterone 21-hemisuccinate. The remainder of the residues in the peptide chain are represented by numbers 1-5 and 7-10. (21-hydroxyprogesterone 21-hemisuccinate is also known as deoxycorticosterone 21-hemisuccinate and 21-hydroxy-4-pregnene-3,20-dione 21-hemisuccinate.)

Figure 1B shows the structure of GnRH agonist 11-hydroxyprogesterone 11-succinate.

Figure 2 shows the GnRH receptor binding affinity. Displacement of ^{125}I -GnRH agonist bound to whole COS-7 cells transfected with the human GnRH receptor. Peptide A GnRH antagonist (O), peptide A-progesterone conjugate (●), peptide B GnRH antagonist (□) and peptide B-progesterone conjugate (■).

Figure 3 shows the effects of peptide A-progesterone conjugate and peptide B-progesterone conjugate on mammalian GnRH (0.1 μM) stimulated inositol phosphate production in HEK 293 cells stably expressed the rat type I GnRHR.

Figure 4 shows the effects of progesterone (O), peptide A-progesterone (●) and peptide B-progesterone (◆) on the binding of [1, 2, 6, 7- ^3H]progesterone to pregnant guinea pig plasma, as measured with dextran-coated charcoal suspension.

Figure 5 shows the testosterone concentrations of male marmosets injected s.c. with either 0.5mg peptide A-progesterone (O) or 0.5mg peptide A (■).

Figure 6 shows the presence of radiolabelled GnRH agonist-progesterone (■) and [D-Ala⁶]GnRH (▲) in the whole blood of two male rabbits injected intravenously into the ear vein with approximately 15,000,000 cpm of ¹²⁵I-GnRH agonist-progesterone conjugate or ¹²⁵I-D-Ala⁶]GnRH in 500µl saline. Disappearance from whole blood was measured over 3.5 hours.

Figure 7 shows the effect of conjugates A, B, C, D and E and progesterone on the activation of the CAT reported gene linked to the progesterone receptor in T47D cells as measured by CAT activity.

Figure 8 shows the sequence of preferred GnRH analogues. The black circles indicate that the GnRH analogue has the same amino acid at that position as does GnRH itself.

The abbreviations used in Figure 8 are as follows:

DSer(tBu): D-Ser t-butylether;

DHis(ImBzl): D-His benzylimidazole;

NEt: N-ethylamide;

DNal: D-napthtylalanine;

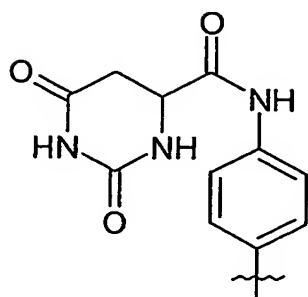
DCit: D-citrulline;

DhCit: D-homocitrulline;

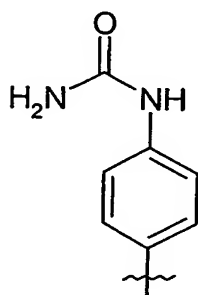
DhArg(Et)₂: D-diethylhomoarginine;

NMeTyr: N-methyl tyrosine;

Aph(Hor):

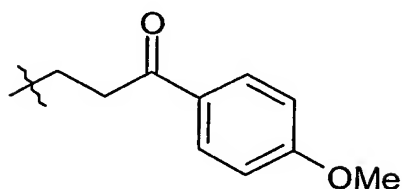


D_Aph(Cba):



5

D_Glu(AA):



10 **Example 1: Synthesis and Properties of GnRH-hormone conjugates.**

Methods

Synthesis of GnRH analogue-steroid conjugates

The conjugation method was adapted from Mattox, Litwiller and Nelson⁹ and Rajkowski and Cittanova¹⁴. All chemicals were obtained from Sigma-Aldrich Company Ltd. (Poole, Dorset) with the exception of radiochemicals purchased from Amersham Pharmacia Biotech UK Limited (Little Chalfont, Buckinghamshire) and unless otherwise stated. The GnRH agonist [D-Lys⁶]GnRH or the two GnRH antagonists kindly donated by J. Rivier (Salk Institute, La Jolla, California)) [AcD-Nal¹, D-Cpa², D-Pal³, Arg⁵, D-Lys⁶, D-

20

Ala¹⁰]GnRH, designated antagonist 1 and [AcD-Nal¹, D-Cpa², D-Pal³, Arg⁵, D-Lys⁶, D-Ala¹⁰]GnRH, designated antagonist 2, were dissolved in 0.1M phosphate buffer (pH 7.0) before addition of an equal volume of DMF. 20-fold excess steroid (11 α -hydroxyprogesterone 11-hemisuccinate in the case of [D-Lys⁶]GnRH or 21-hydroxyprogesterone 21-hemisuccinate for GnRH antagonist conjugation) was dissolved in anhydrous DMF with equimolar 1-hydroxybenzotriazole (HOBt) and N,N'-dicyclohexylcarbodiimide (DCC). The mixture was vortexed and left at room temperature for 1 hour. The steroid containing solution was transferred in aliquots of 50 μ l into each of the peptide solutions. After adjustment to pH > 7 with tributylamine, the peptide-steroid mixture was left at 4°C for 20 hours.

Purification and identification of products

HPLC

An initial purification through a Sep-Pak C18 cartridge (Millipore UK Ltd., Harrow, Middlesex) with ethylacetate followed by hexafluoropropanol/DMF (70:30) was carried out before HPLC and mass spectrometry analysis of products. Analytical RP-HPLC was carried out on a Novapak C18 column (4 μ m beads, 3.9 x 150mm) connected to a Beckman Coulter System Gold[®] LC125 pump and LC168 diode array detector. The buffer system was 0.1% TFA/water as buffer A and 0.1% TFA in acetonitrile as buffer B. The column was developed with a gradient of 10% to 100% buffer B over 30 mins at a flow rate of 1 ml/min.

Mass Spectrometry

Mass spectrometry was carried out on a Tofspec 2E MALDI-TOF mass spectrometer (Micromass UK Ltd.) with a matrix of alpha-cyano-4-hydroxycinnamic acid.

Cell Culture

COS-7 and COS-1 cells were maintained in DMEM containing 10% fetal calf serum, glutamine and penicillin/streptomycin (normal media). Cells were transfected with the human GnRH receptor (hGnRH-R) for whole cell
5 receptor binding assay using Superfect transfection agent (Qiagen, Crawley, West Sussex) in optimem media (Invitrogen Life Technologies, Paisley, Scotland) for four hours. Transfected cells were assayed after a further 48 hours in normal media (see above).

10 Membrane binding assay of GnRH agonist-progesterone conjugates was carried out on COS-1 cells transfected with hGnRH-R. COS-1 cells in 100 mm dishes were washed twice in HEPES modified DMEM and transfected with 15µg DNA in filter-sterilised DEAE dextran with HEPES buffered
15 saline, penicillin/streptomycin and DMEM. After five hours incubation at 37°C, the media was removed and replaced with DMEM containing penicillin/streptomycin, 2% FCS and 2% chloroquine 10mM and plates were incubated for a further one hour. The media was aspirated, cells were washed and normal media was added until assay 24 hours later.

20 A HEK293 stable cell line expressing the rat type I GnRHR developed in our laboratory was used for the inositol phosphate production assays. This cell line was maintained in DMEM containing 10% fetal calf serum, glutamine and penicillin/streptomycin with the addition of G418 at 500µg/ml throughout culture. Where required, plates were coated with
25 Poly-L-Lysine to enhance adherence to plasticware during assay.

Receptor Binding Assay

Membrane binding assay of GnRH agonist-progesterone conjugate:

Transfected COS-1 cells were washed in PBS, removed from plates and
30 centrifuged at 1500 rpm for five mins to pellet cells. The PBS was

aspirated and the cells were resuspended in homogenization buffer (20 mM Tris, 2 mM MgCl₂, pH 7.2), vortexed and left on ice for 10 minutes. The cell suspension was transferred to a 7 ml homogeniser (Jencons (Scientific) Ltd., Leighton Buzzard, Buckinghamshire) and plunged 15 times with a loose plunger and 15 times with a tight plunger. The homogenized cells were then centrifuged at 4°C for 10 mins at top speed and the supernatant was removed with a vacuum pump. The remaining membrane pellet was resuspended in assay buffer (40 mM Tris, 2 mM MgCl₂, pH 7.4) and kept on ice. Pre-cooled 12 mm glass tubes were filled with 200µl assay buffer, 50µl cell membranes, 100µM ¹²⁵I[His⁵,D-Tyr⁶]GnRH in assay buffer (approximately 120,000 CPM per tube) and 50 µl cold ligand (or assay buffer in Bo tubes) in increasing concentrations. Tubes were incubated for 2 hours on ice before addition of 3 ml ice-cold aqueous polyethylenimine 0.01% (PEE) and filtration through Whatman GG/C glass fibre filters (Whatman International Ltd., Maidstone, Kent) under vacuum (presoaked in 1% PEE). Filters were then counted immediately on a gamma counter.

Whole Cell Binding Assay of GnRH antagonist-progesterone conjugates:

COS-7 cells were plated in 12 well plates and maintained in a 37°C incubator for 24 hours in advance of assay. Cells were washed twice with PBS before addition of 500µl HEPES modified in DMEM + 0.1% BSA containing competing ligand and ¹²⁵I ligand (¹²⁵I[His⁵D-Tyr⁶]GnRH). Plates were washed twice in PBS and solubilised by addition of 500µl 0.1M NaOH and shaking for 20 minutes. Samples were counted on a gamma-counter.

Measurement of Total Inositol Phosphate Production

Rat type I GnRH receptive expressing HEK293 cells were plated out onto 12 well plates and incubated at 37°C, 5% CO₂ for 24 hours, then incubated in special DMEM containing 1% dialysed FCS (with glutamine and

penicillin/streptomycin) and 1µl/well of myo-[2-³H]inositol for a further 48 hours. After aspiration of media and washing with incubation buffer, a further 500µl buffer containing 10mM LiCl was added to the plates and then incubated at 37°C for 30 mins. 1µM agonist was added to each well to
5 a final concentration of 0.1µM and the plates were incubated under the same conditions for a further 1 hour. The reaction was terminated with 500µl 10mM formic acid, incubated at 4°C for 30 mins. Formic acid solutions were transferred to 12mm plastic tubes containing 500µl 50% AG-1x resin slurry (Bio-Rad Laboratories Ltd, Hemel Hempsted,
10 Hertfordshire). Inositol phosphates were eluted by stepwise addition, vortex mixing and removal of distilled water (1ml) and sodium tetraborate, sodium formate (1ml, 5mM, 60mM). After addition of formic acid, ammonium formate (1ml, 0.1M, 1M) and vortexing, 800µl of the supernatant was counted with scintillation fluid.

15

Plasma Protein Binding Assay

Plasma protein binding was determined by the competitive binding of steroid conjugates, in the presence of [1,2,6,7-³H]progesterone or [³H]cortisol, to pregnant guinea pig plasma or human pregnant serum
20 respectively. 20µl serum was diluted with 2ml dextran-coated charcoal solution (0.25g dextran T-70, 2.5g charcoal decolorizing powder, activated acid washed [Merck Ltd., Lutterworth, Leicestershire] in 500ml PBS) and incubated at room temperature. After 30 mins the suspension was centrifuged at 3000 x g for 10 minutes, the supernatant was removed and
25 the pellet was discarded. 100µl of diluted serum was aliquoted into centrifuge tubes, followed by 1pmol [³H]steroid/100µl PBS. 100µl PBS (total binding) or 200pmol/100µl unlabelled competing ligand (specific binding) was added to diluted serum in duplicate. Tubes were vortexed and incubated at room temperature for 1 hour, then for an additional 15 minutes
30 on ice. A further 750µl dextran-coated charcoal suspension was added and

incubated for 10 minutes on ice, followed by centrifugation at 4°C for 5 minutes. The supernatant fluid was counted.

5 *In vivo studies in the male and female common marmoset (Callithrix Jacchus)*

Female marmoset studies: To identify the effective dose required to inhibit corpus luteum function, 1.0, 0.5 or 0.25mg of GnRH antagonist-steroid conjugate was administered as subcutaneous bolus in 1ml saline at two sites during mid-luteal phase. Progesterone concentrations were monitored by RIA. One 300µl blood sample was withdrawn on the day prior to GnRH antagonist injection. Further blood samples of equal size were withdrawn at 0, 4 and 8 hours on day of injection and on the following 3 days. Blood samples were taken three times per week until the next ovulation.

15 *Male marmoset studies:* To determine duration of action at GnRH receptor, 0.5mg GnRH antagonist-steroid conjugate was administered as subcutaneous bolus in 1ml saline at two sites in six adult male marmosets. Testosterone concentrations were monitored by RIA. GnRH antagonist (0.5mg) was administered as a subcutaneous bolus in 1ml saline at two sites in three marmosets. Testosterone concentrations were monitored. One 300µl blood sample was withdrawn on the day prior to GnRH antagonist injection and at 0 hours, 4 hours and 8 hours on the day of injection and on the following 3 days. Three further samples were taken during the subsequent week.

25

In vivo studies in the male rabbit

To determine biological half-life of GnRH agonist-progesterone conjugates, 0.5ml saline containing approximately 10,000,000cpm of iodinated [D-Ala⁶]GnRH or [D-Lys⁶]GnRH-progesterone conjugate was injected as an i.v. bolus into the ear vein of a male rabbit. Rabbits were sedated with

30

0.4ml Aceprom 10 (Milborrow Animal Health, Republic of South Africa) injected intramuscularly 3-4 minutes before start of experiment. A repeat injection was carried out after 2 hours. 1ml blood samples were collected in heparinized tubes from an indwelling cannula placed in a vein of the contralateral ear. Whole blood was counted directly to determine disappearance from circulation. All experiments were carried out in accordance with Republic of South Africa regulations.

Results

10 *GnRH Receptor Binding*

The GnRH agonist-progesterone conjugate bound to the type I human GnRH receptor with ED_{50} of $2.9 \pm 1.2 \times 10^{-10}M$ (Standard error, $n = 1$, data not shown). The GnRH antagonist A-progesterone and antagonist B-progesterone conjugates also bound to the receptor (Figure 2) as shown by whole cell binding assay. The ED_{50} of antagonist A-progesterone was $1.1 \pm 0.2 \times 10^{-7}M$ ($n = 4$) compared with $1.6 \pm 0.4 \times 10^{-8}M$ ($n = 4$) for the unmodified antagonist sequence ($p < 0.01$, STT). The ED_{50} s for antagonist B and antagonist B-progesterone were $4.7 \pm 1.1 \times 10^{-8}M$ ($n = 4$) and $1.1 \pm 0.3 \times 10^{-7}M$ ($n = 5$) respectively ($p < 0.05$, STT).

20 *Inhibition of GnRH-stimulated inositol phosphate production*

The GnRH agonist-progesterone conjugate was able to stimulate inositol phosphate production with an EC_{50} of $5.2 \pm 1.4 \times 10^{-10}M$ ($n = 2$); this was not significantly different from the peptide alone (STT, $p > 0.05$). GnRH antagonism of both antagonist A-progesterone and antagonist B-progesterone conjugates was confirmed by the inhibition of mammalian GnRH ($0.1\mu M$) stimulated inositol phosphate production (Figure 3). The IC_{50} of antagonist A-progesterone and antagonist B-progesterone conjugates were not significantly different ($p > 0.05$, STT).

Inhibition of GnRH-stimulated inositol phosphate production

The GnRH agonist-progesterone conjugate was able to stimulate inositol phosphate production with an EC_{50} of $5.2 \pm 1.4 \times 10^{-10} M$ ($n = 2$); this was not significantly different from the peptide alone (STT, $p > 0.05$). GnRHR antagonism of both antagonist A-progesterone and antagonist B-progesterone conjugates was confirmed by the inhibition of mammalian GnRH ($0.1 \mu M$) stimulate inositol phosphate production (Figure 3). The IC_{50} of antagonist A-progesterone and antagonist B-progesterone conjugates were not significantly different ($p > 0.05$, STT) at $9.7 \pm 4.0 \times 10^{-8} M$ ($n = 6$) and $8.6 \pm 2.6 \times 10^{-8} M$ ($n = 7$) respectively. Neither the antagonist A-progesterone nor antagonist B-progesterone conjugate was found to activate inositol phosphate production alone (data not shown), confirming pure antagonism.

Competition for plasma protein binding site

Plasma protein binding was studied in pregnant guinea pig plasma because a high level of progesterone binding globulin (PBG) is present in this species. PBG was shown to bind [3H]progesterone in a specific manner and this binding was inhibited by unlabelled progesterone with an IC_{50} of $9.6 \pm 1.8 \times 10^{-8} M$ ($n = 4$), by the antagonist A-progesterone conjugate with an IC_{50} of $1.0 \pm 0.3 \times 10^{-6} M$ ($n = 6$) and by the antagonist B-progesterone conjugate with an IC_{50} of $5.3 \pm 1.0 \times 10^{-7} M$ ($n = 4$). The specificity of this steroid-plasma protein interaction was demonstrated by a failure of cortisol to inhibit specific [3H]progesterone binding, since PBG will only bind progesterone. It was also shown that the agonist-progesterone conjugate could prevent [3H]cortisol binding to human pregnant serum (containing higher than normal concentrations of CBGH) with an IC_{50} of $1.2 \pm 0.3 \times 10^{-6} M$ ($n = 2$) in comparison to the IC_{50} of $6.7 \pm 2.4 \times 10^{-9} M$ ($n = 2$) for unlabelled cortisol and $7.3 \pm 1.5 \times 10^{-8} M$ ($n = 3$) for progesterone (data not shown).

Activation of progesterone

5 Assay of CAT enzyme activity revealed that all GnRH antagonist 21-hydroxyprogesterone 21-succinate conjugates were able to bind to and activate the progesterone receptor in T47D cells are measured by CAT enzyme activity. The potencies of all conjugates were similar to progesterone, with virtually no activation at 1nM and increasing activity up to 1μM. The 5 conjugates tested are as shown in Table 1, below:

Table 1: GnRH antagonist conjugates

Amino Acid	1	2	3	4	5	6	7	8	9	10
GnRH	Glu	His	Trp	Ser	Tyr	Gly	Leu	Arg	Pro	Gly-NH ₂
Conjugate A	AcD-Nal	D-Cpa	D-Pal	Ser	Arg	D-Lys*	Leu	Arg	Pro	D-Ala-NH ₂
Conjugate B	Ac-ΔPro	D-Fpa	D-Trp	Ser	Tyr	D-Lys*	Leu	Arg	Pro	Gly-NH ₂
Conjugate C	AcD-Nal	D-Cpa	D-Pal	Ser	Arg	D-Lys	Lys*	Leu	Arg	D-Ala-NH ₂
Conjugate D			* D-Pal	Ser	Arg	D-Lys	Leu	Arg	Pro	D-Ala-NH ₂
Conjugate E	AcD-Nal	D-Cpa	D-Pal	Ser	Arg	D-Lys	Lys*	Arg	Pro	D-Ala-NH ₂

The amino acid sequences of the antagonists tested shown aligned to mammalian GnRH for comparison. The following abbreviations are used: Glu; glutamic acid, His; histidine, Trp; tryptophan, Ser; serine, Tyr; tyrosine, Gly; glycine, Leu; leucine, Arg; arginine, Pro; proline, AcD-Nal; acyl D-naphthylalanine, D-Cpa; D-chlorophenylalanine, D-Pal; D-pyridylalanine, D-Lys; D-lysine, D-Ala; D-alanine, Ac-ΔPro; acyl delta-proline, D-Fpa; D-fluorophenylalanine, D-Trp; D-tryptophan.

All five antagonists are conjugated to the same steroid, 21-hydroxyprogesterone 21-hemisuccinate in different positions marked by the asterisk. In conjugates A and B the site of conjugation is via the ϵ -amine of D-Lys in position 6. In conjugates C and E conjugation is via the ϵ -amine of lysine in position 7. In conjugate D the steroid is conjugated to the N-terminal amine of the D-Pal residue.

In vivo marmoset studies

Studies in cycling adult female marmosets revealed a reduction in the duration of the luteal phase from 24.8 ± 2.2 ($n = 6$) to 8 days in the animal receiving 1.0mg antagonist A-progesterone conjugate and in the animal administered with 0.5mg, with the reduction from 21.0 ± 1.2 ($n = 7$) to 11 days. Ovulation was deemed to have taken place when the plasma concentration of progesterone reached 30ng/ml. A transient reduction in plasma progesterone concentrations was also seen in the third marmoset receiving 0.25mg antagonist A-progesterone conjugate, but full luteal regression and subsequent ovulation did not occur at this time.

Administration of 0.5mg of peptide A to male marmosets ($n = 3$) resulted in a rapid decline in plasma testosterone concentrations (Figure 5). The reduction in testosterone concentration was maintained at 8 hours post-injection but increased by 24 hours. In comparison, 0.5mg peptide A-progesterone conjugate ($n = 6$) also rapidly decreased testosterone concentrations, however this was maintained until at least 72 hours post-injection ($p < 0.05$ versus 24 hour post-injection) and recovered by day 6. The constraints of existing Home Office licensing prevented additional blood samples on days 4 and 5.

In vivo studies in the male rabbit

The *in vivo* male rabbit experiments were designed to investigate the half-life of iodinated GnRH agonist-progesterone in comparison to that of an unmodified GnRH agonist (Figure 6). The disappearance of the iodinated compound was used to calculate both the half-life of the first phase corresponding to the distribution of the molecule and the second phase representing metabolism and renal clearance. The GnRH agonist-progesterone conjugate had a second phase half-life of 53 ± 13 mins ($n = 3$). The GnRH agonist [D-Ala⁶]GnRH had a second phase half-life of 21 ± 3 mins ($n = 2$). The difference in half-life between the two analogues was not statistically significant ($p > 0.05$, STT), but this may have reached significance with a greater number of samples.

Discussion

GnRH is suggested to adopt a horseshoe conformation when binding to the GnRH receptor¹⁰, therefore the hormones were conjugated were to a D-Lys amino acid in the central position (6) or at position (7) or at the N-terminus, utilising the amine group of the side chain or N-terminus.

It was hoped that this would minimise any steric hindrance resulting from the addition of the steroid molecule. Indeed the right shift in the ED₅₀, determined by whole cell binding assay, for antagonist A versus antagonist A-progesterone was significant ($p < 0.01$, STT), confirming a reduced affinity for the receptor. However this was not the case with the antagonist B versus antagonist B-progesterone, indicating that any steric hindrance was dependent on the peptide sequence. Analysis of the inositol phosphate second messenger system was included to identify whether the modification of the GnRH analogue had the potential to introduce a limited agonism at the GnRH receptor. This was not seen for either antagonist A-progesterone or antagonist B-progesterone. The ability to stimulate inositol phosphate

production was also investigated for the GnRH agonist-progesterone conjugate. Again it was shown that no significant reduction in stimulation of this system occurred as a result of steroid conjugation. Thus it was concluded that the GnRH analogue-progesterone conjugates retained
5 GnRHR binding and antagonism despite significant chemical modification.

The novel conjugated GnRH antagonists investigated here were shown to bind plasma proteins in *in vitro* assay and this is likely to be the case *in vivo*. This will result in an extended half-life of conjugated GnRH
10 analogues, as seen in the experiments of half-life in rabbits. The prolonged exposure to the unbound conjugate, continuously released from binding proteins, will bind to the GnRHR as the free component is metabolised.

This study has proven that the GnRH analogue-steroid molecules can be
15 completely bifunctional with respect to GnRH and progesterone receptor binding and activation. This is in contrast to the previous study by Rahimipour et al²² where only the GnRH aspect of the emodic acid conjugates was functional. This also provides important information for conjugation of other molecules to steroids, identifying that chemical
20 modification through C21 does not significantly alter the interaction between progesterone and its receptor.

The administration of steroid-conjugated and unconjugated GnRH antagonists to male marmosets has allowed analysis of duration of action
25 without the additional fear of binding to CBG. Most new world primates share an apparent resistance to glucocorticoids, with elevated total cortisol and a reduction in the cortisol serum capacity⁸. The *Callithrix jacchus* was thus an *in vivo* model with little functional CBG capacity (confirmed by plasma protein binding assay, data not shown) to allow analysis of
30 bioactivity without plasma protein interaction. Therefore the prolonged

- depression of testosterone production was in all probability due to the increased hydrophobicity of the molecule resulting in extended half-life due to hydrophobic interactions with plasma proteins, membranes and a depot effect in fat. Acknowledgement of this effect is vital to understanding the results seen in other primate models with CBG physiology similar to that of humans. This data is of value because of the similarity of the marmoset physiology to humans and the more complex pharmacology of GnRH antagonists.
- 10 The *in vivo* experiments carried out in the male rabbit, a species that produces CBG¹⁷, demonstrated the increased half-life of a GnRH agonist-progesterone conjugate in comparison to a similar unconjugated agonist. The GnRH agonist used was hydrophilic in comparison to the hydrophobic sequences of the antagonists examined here. This implies that the increase in half-life was in all probability due to the conjugation to progesterone and hence binding to plasma transport proteins in the rabbit studies. Thus the conjugation of short peptide molecules such as GnRH and its analogues is a possible mechanism for enhancement of circulatory half-life.
- 20 In summary GnRH analogue-steroid hormone conjugates were designed to introduce plasma steroid binding protein capacity, thus modifying the pharmacokinetics and the pharmacodynamics of the GnRH analogues. A GnRH agonist pGlu-His-Trp-Ser-Tyr-D-Lys-Leu-Arg-Pro-GlyNH₂, and two antagonists of GnRH [AcD-Nal¹,D-Cpa²,D-Pal³,Arg⁵,D-Lys⁶,D-Ala¹⁰]GnRH, and [Ac-ΔPro¹,D-Fpa²,D-Trp³,D-Lys⁶]GnRH, designated antagonists A and B respectively, were conjugated through the D-Lysine side chain in position 6 of the decapeptide to a hemisuccinate linker at C11 or C21 of progesterone by dicyclohexylcarbodiimide (DCC). Products were purified by diode-array HPLC and identified by mass spectrometry. The GnRH agonist-progesterone and the GnRH antagonist-progesterone conjugates

each bound to the pituitary type I human GnRH receptor in whole cell binding assay. Inhibition of GnRH-stimulated inositol phosphate production demonstrated all the agonist and antagonist conjugates were pure antagonists at the GnRH receptor. The three peptide-progesterone
5 conjugates were shown to compete with [³H]progesterone for plasma protein binding sites in pregnant Guinea Pig plasma. The IC₅₀ for antagonist peptide A-progesterone was $8.5 \pm 2.8 \times 10^{-7} \text{M}$ (n = 5), $4.5 \pm 0.8 \times 10^{-7} \text{M}$ (n = 3) for antagonist peptide B-progesterone and $2.9 \pm 1.2 \times 10^{-10} \text{M}$ (n = 1) for the agonist-progesterone conjugate. *In vivo* bioactivity of
10 antagonist-progesterone conjugates was demonstrated in male marmosets as a reduction in plasma testosterone concentrations after subcutaneous injection. Intravenous injection of GnRH agonist-progesterone into male rabbits showed the half-life of the antagonist was extended by the conjugation to a progesterone molecule.

15
In conclusion, specific novel GnRH hapten molecules made according to the invention have been designed, produced and investigated both *in vitro* and *in vivo*. The chemical modification of the GnRH analogues did not significantly affect *in vitro* activity and the half-life of the GnRH agonist-
20 progesterone conjugate in the male rabbit has been extended. These and similar molecules overcome some of the problems associated with peptide pharmaceuticals. The conjugation of GnRH antagonists to carrier molecules or inclusion in a particle for uptake, in addition to steroid hormone will potentially enhance oral bioavailability and prolong duration
25 of action.

Example 2: Treatment of breast cancer with GnRH conjugate compound

A patient suffering from breast cancer is administered teverelix conjugated
30 to 21-hydroxyprogesterone via a succinate linking group at a dosing quantity

and frequency such that the therapeutic level of active agent at the site of treatment is maintained at a level ideally EC90 but preferably not less than EC50 throughout the treatment period. The treatment is delivered orally or more locally depending on patient acceptability, avoidance of side effects
5 and systemic bioavailability.

Example 3: Use of a GnRH conjugate compound as a veterinary contraceptive

A female horse is administered a GnRH antagonist conjugated to 21-
10 hydroxyprogesterone via a succinate linking group at a dosing quantity and frequency so as to prevent conception. The treatment is delivered as a slow-release formulation which is administered by injection.

References

- 15 1. Anderson RA (2000) Hormonal contraception in the male. *Br Med Bull* 56(3):717-728.
2. Christin-Maitre S, Olivennes F, Dubourdieu S, Chabbert-Buffet N, Charbonnel B, Frydman R, and Bouchard P (2000) Effect of
20 gonadotropin-releasing hormone (GnRH) antagonist during the LH surge in normal women and during controlled ovarian hyperstimulation. *Clin Endocrinol (Oxf)* 52(6):721-726.
3. Danforth DR, Williams RF, Hsiu JG, Roh SI, Hahn D., McGuire JL, Hodgen GD 1990 Intermittent GnRH antagonist plus progestin
25 contraception conserving tonic ovarian estrogen secretion and reducing progestin exposure. *Contraception* 41(6):623-631.
4. Ditkoff EC, Cassidenti DL, Paulson RJ, Sauer MV, Paul WL, Rivier J, Yen SSC, Lobo RA (1991) The gonadotropin-releasing hormone
30

antagonist (Nal-Glu) acutely blocks the luteinizing hormone surge but allows for resumption of folliculogenesis in normal women. *Am J Obs Gynecol* 165(6 Pt 1):1811-1817.

- 5 5. Fraser HM, Nestor JJr, Vickery BH (1987) Suppression of luteal function by a luteinizing hormone-releasing hormone antagonist during the early luteal phase in the stump-tailed monkey and the effects of subsequent administration of human chorionic gonadotropin. *Endocrinol* 121(2):612-628.
- 10 6. Fraser HM, Lunn SF, Cowen GM, Smith KB, Conn PM, (1991) Effect of late follicular phase administration of antide on ovulation and inhibin secretion in macaques. *Contraception* 44(6):667-676.
- 15 7. Kenigsberg D, Hodgen GD, (1986) Ovulation inhibition by administration of weekly gonadotropin-releasing hormone antagonist. *J Clin Endocrinol Metab* 62(4):734-738.
- 20 8. Klosterman LL, Murai JT, Siiteri PK (1986) Cortisol levels, binding, and properties of corticosteroid-binding globulin in the serum of primates. *Endocrinol* 118(1):424-434.
- 25 9. Mattox VR, Litwiler RD, Nelson AN (1979) A comparison of procedures for attaching steroidal glucosiduronic acids to bovine serum albumin. *J Steroid Biochem* 10:167-172.
- 30 10. Millar RP, Assefa D, Ott T, Pawson A, Troskie B, Wakefield L, Katz A GnRH and GnRH analogues: Structure, actions and clinical applications. *Horm Frontier Gynecol* 5(4):77-83.

11. Nestor JJ, Tahilramani R, Ho TL, Goodpasture JC, Vickery BH, Ferrandon P (1992) Potent gonadotropin releasing hormone antagonists with low histamine-releasing activity. *J Med Chem* 35(21):3942-3948
- 5
12. Pavlou SN, Brewer K, Farley G, Lindner J, Bastias M, Rogers J, Swift LL, Rivier JE, Vale WW, Conn PM, Herbert CM (1991) Combined administration of a gonadotropin-releasing hormone antagonist and testosterone in men induces reversible azoopermia without loss of libido. *J Clin Endo Metab* 73(6):1360-1369.
- 10
13. Pavlou SN, Brewer K, Farley G, Lindner J, Bastias M, Rogers J, Swift LL, Rivier JE, Vale WW, Conn PM, Herbert CM (1991) Combined administration of a gonadotropin-releasing hormone antagonist and testosterone in men induces reversible azoopermia without loss of libido. *J Clin Endo Metab* 73(6):1360-1369.
- 15
14. Pavlou SN, Brewer K, Farley G, Lindner J, Bastias M, Rogers J, Swift LL, Rivier JE, Vale WW, Conn PM, Herbert CM (1991) Combined administration of a gonadotropin-releasing hormone antagonist and testosterone in men induces reversible azoopermia without loss of libido. *J Clin Endo Metab* 73(6):1360-1369.
- 20
15. Russell-Jones GJ, Westwood SW, Farnworth PG, Findlay JK, Burger HG, (1995) Synthesis of LHRH antagonists suitable for oral administration via the Vitamin B12 uptake system. *Bioconjugate Chem* 6:34-42.
- 25

16. Siiteri PK, Murai JT, Hammond GL, Nisker JA, Raymoure WJ, Kuhn RW (1982) The serum transport of steroid hormones *Rec Prog Horm Res* 38:457-510.
- 5 17. Seal US, Doe RP (1965) Vertebrate distribution of Corticosteroid-binding globulin and some endocrine effects on concentration. *Steroids* 5:827-841.
- 10 18. Swerdloff RS, Bagatell CJ, Wand C, Anawalt BD, Berman N, Steiner B, Bremner WJ (1998) Suppression of spermatogenesis in man induced by Nal-Glu gonadotropin releasing hormone antagonist and testosterone enanthate (TE) is maintained by TE alone. *J Clin Endo Metab* 83(10):3527-3533.
- 15 19. Westphal U (1993) Steroid-protein interaction: From past to present. *J Steroid Biochem* 19(1):1-15.
- 20 20. McEwan JF, Veitch HS, Russell-Jones GJ (1999) Synthesis and Biological Activity of Ribose-5'-Carbamate Derivatives of Vitamin B₁₂. *Bioconjugate Chem.* 20, 10, 1131-1136.
- 25 21. Alsenz J, Russell-Jones GJ, Westwood S, Levet-Trafit B, de Smidt PC (2000) Oral Absorption of Peptides Through the Cobalamin (Vitamin B12) Pathway in the Rat Intestine. *Pharmaceutical Research*, 21, Vol. 17, No. 7, 2000.
- 30 22. Rahimipour S, Ben-Aroya N, Fridkin M, Koch Y (2000) Design, Synthesis, and Evaluation of a Long-Acting, Potent Analogue of Gonadotropin-Releasing Hormone. *J. Med. Chem.* 22, 44, 3645-3652.

23. Thau (1984) Luteinizing hormone-releasing hormone (LHRH) and its analogs for contraception in women: a review. *Contraception*, 29(2): 143-162.
- 5 24. Millar R.P. (2003) Gonadatropin-releasing hormones and their receptors, Chapter 1, Reproductive Medicine: Molecular, Cellular and Genetic Fundamentals, Eds. B.C.J.M. Fauser *et al*, The Parthenon Publishing Group, New York, USA. ISBN: 1-84214-019-1.
- 10 25. Millar R.P. *et al* (2000) Progress towards the developmment of non-peptide orallymactive gonadatropin-releasing hormone (GnRH) antagonists: therapeutic implications. *Br. Med. Bull.* 56(3): 761-772.
- 15 26. Burton & Westphal (1972) Steroid hormone-binding proteins in blood plasma. *Metabolism* 21(3): 253-276.
- 20 27. Cunningham G.R. *et al* (1981) Steroid structural requirements for high affinity binding to human sex steroid binding protein (SBP). *Steroids* 38(3) : 243-262.
28. Mickelson K.E. *et al* (1981) Steroid-protein interactions. Human corticosteroid binding globulin: Some physiochemical properties and binding specificity. *Biochemistry* 20: 6211-6218.